

CERTIFICATE OF PARTICIPATION

This is to certify that

Jill Millard

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:12:17

PACE 14:27/km
OVERALL 93 of 97

GENDER 62 of 66
50 - 59 11 of 12

23 June 2019, Sun

Date



BoutTime

Signature

